



# Empire State Trail

Connecting New York's extraordinary experiences, people, and places.

## Watervliet to Cohoes

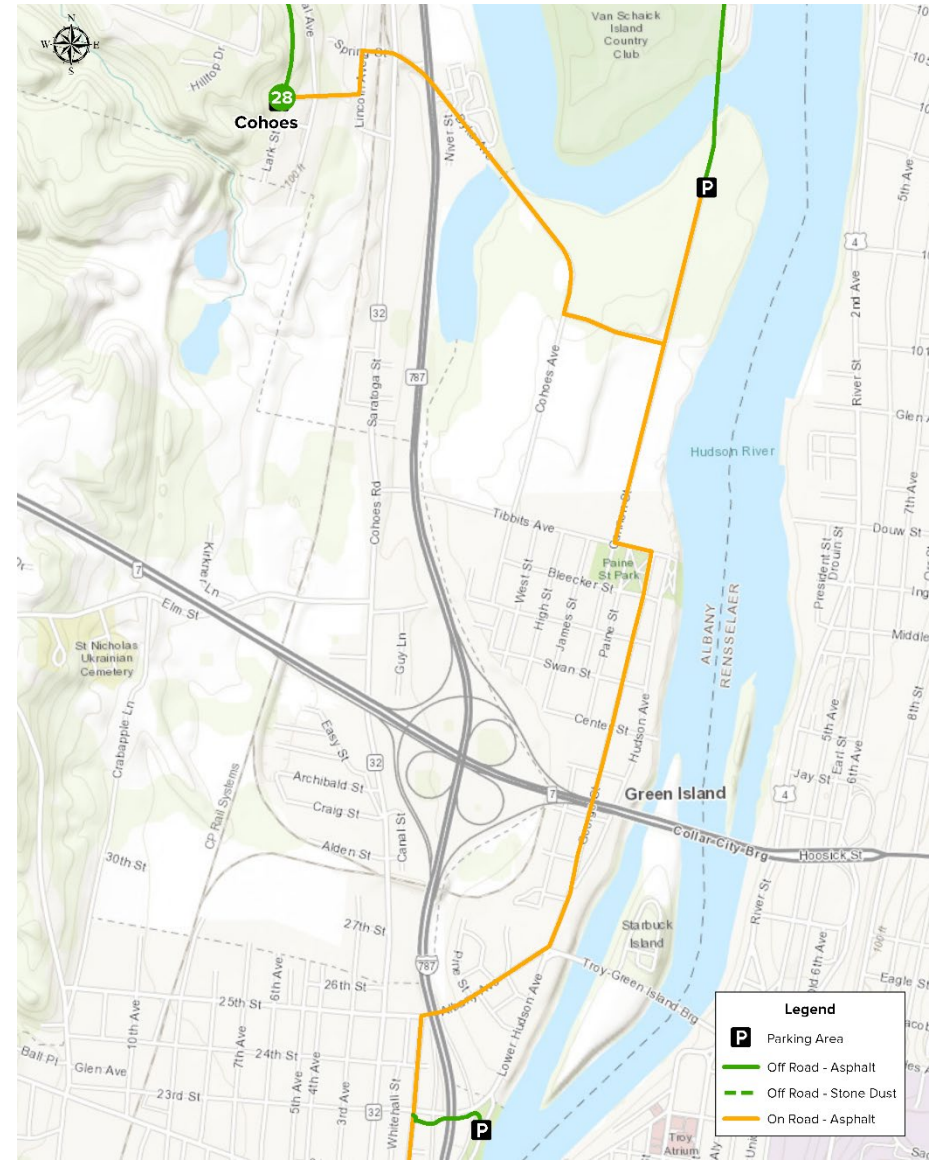
Step-by-step bicycle directions to follow for this segment of the Empire State Trail.

### Start 1 Watervliet

Turn	Notes	Distance
←	Head northwest on Mohawk Hudson Hike Bike Trail	13 ft
→	Turn right to stay on Mohawk Hudson Hike Bike Trail	0.351 mi
←	Turn left to stay on Mohawk Hudson Hike Bike Trail	4.76 mi
→	Turn right onto Broadway	1.82 mi
→	Turn right onto 25th St	220 ft
↑	Continue onto Albany Ave	1,270 ft
←	Turn left onto George St/Hudson Ave	-
↑	Continue to follow George St	0.788 mi
←	Turn left onto Tibbits Ave	420 ft
→	Turn right onto Cannon St	0.396 mi
←	Turn left onto Veterans Memorial Dr	1,066 ft
→	Turn right onto Cohoes Ave/Dyke Ave	-
↑	Continue to follow Dyke Ave	0.537 mi
↑	Continue onto Spring St	804 ft
←	Turn left onto Lincoln Ave	440 ft
→	Turn right onto Alexander St	801 ft
→	Alexander St turns right and becomes Mohawk Hudson Bikeway	16 ft

### End 28 Cohoes

## Westbound along Erie Canal Trail



**Disclaimer:** Trail users may encounter temporary or permanent changes to the trail route as described in this cue sheet. Trail users must exercise discretion at all times to assure personal safety, including staying alert for movements by vehicles and other trail users, as well as possible modifications to the trail route.