



# Empire State Trail

Connecting New York's extraordinary experiences, people, and places.

## Amherst to Tonawanda

Step-by-step bicycle directions to follow for this segment of the Empire State Trail.

**Start** 4 **Amherst**

Turn	Notes	Distance
	Head west on Erie Canalway Trail	0.350 mi
→	Turn right to stay on Erie Canalway Trail	0.583 mi
→	Turn right onto Orbit Dr	0.395 mi
→	Slight right onto Erie Canalway Trail	1.59 mi
→	Turn right to stay on Erie Canalway Trail	0.298 mi
→	Turn right onto Tonawanda Creek Rd	0.731 mi
→	Turn right onto Erie Canalway Trail	0.777 mi
→	Turn right onto Brenon Rd	801 ft
→	Turn right onto Erie Canalway Trail	0.852 mi
→	Slight right to stay on Erie Canalway Trail	997 ft
→	Turn right onto Tonawanda Creek Rd	1.32 mi
→	Slight right at Old Niagara Falls Blvd	0.715 mi
→	Turn right	203 ft
→	Turn right	0.990 mi
→	Slight right onto Creekside Dr	0.979 mi
↑	Continue onto E Niagara St	135 ft

**End** 3 **Tonawanda**

## Westbound along Erie Canal Trail



**Disclaimer:** Trail users may encounter temporary or permanent changes to the trail route as described in this cue sheet. Trail users must exercise discretion at all times to assure personal safety, including staying alert for movements by vehicles and other trail users, as well as possible modifications to the trail route.