



Empire State Trail

Connecting New York's extraordinary experiences, people, and places.

Rochester to Brockport

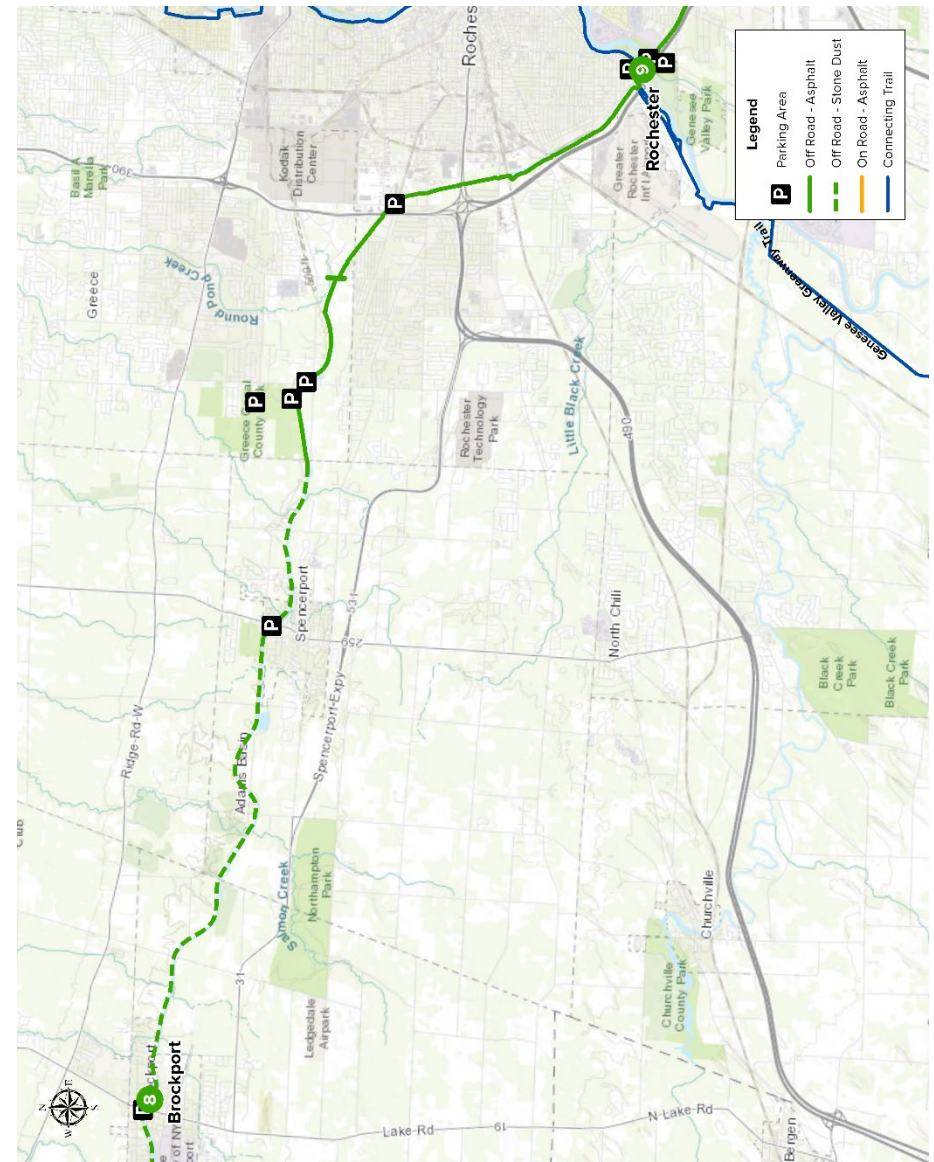
Step-by-step bicycle directions to follow for this segment of the Empire State Trail.

Start 9 **Rochester**

Turn	Notes	Distance
	Head north on Canalway Trail/Erie Canal Heritage Trail toward Genesee Riverway Trail	643 ft
←	Turn left onto Canalway Trail/Erie Canal Heritage Trail/Genesee River Trail/Genesee Riverway Trail	587 ft
←	Turn left to stay on Canalway Trail/Erie Canal Heritage Trail/Genesee River Trail/Genesee Riverway Trail	928 ft
→	Turn right onto Erie Canal Heritage Trail	253 ft
→	Turn right to stay on Erie Canal Heritage Trail	5.44 mi
←	Turn left to stay on Erie Canal Heritage Trail	551 ft
←	Turn left onto Long Pond Rd	1,312 ft
←	Turn left onto Erie Canal Heritage Trail	689 ft
→	Turn right to stay on Erie Canal Heritage Trail	1.61 mi
←	Keep left to stay on Erie Canal Heritage Trail	3.72 mi
←	Slight left onto Canal St	39 ft
→	Turn right onto N Union St	56 ft
←	Turn left onto Erie Canal Heritage Trail	7.46 mi

End 8 **Brockport**

Westbound along Erie Canal Trail



Disclaimer: Trail users may encounter temporary or permanent changes to the trail route as described in this cue sheet. Trail users must exercise discretion at all times to assure personal safety, including staying alert for movements by vehicles and other trail users, as well as possible modifications to the trail route.