



Empire State Trail

Connecting New York's extraordinary experiences, people, and places.

Utica to Rome

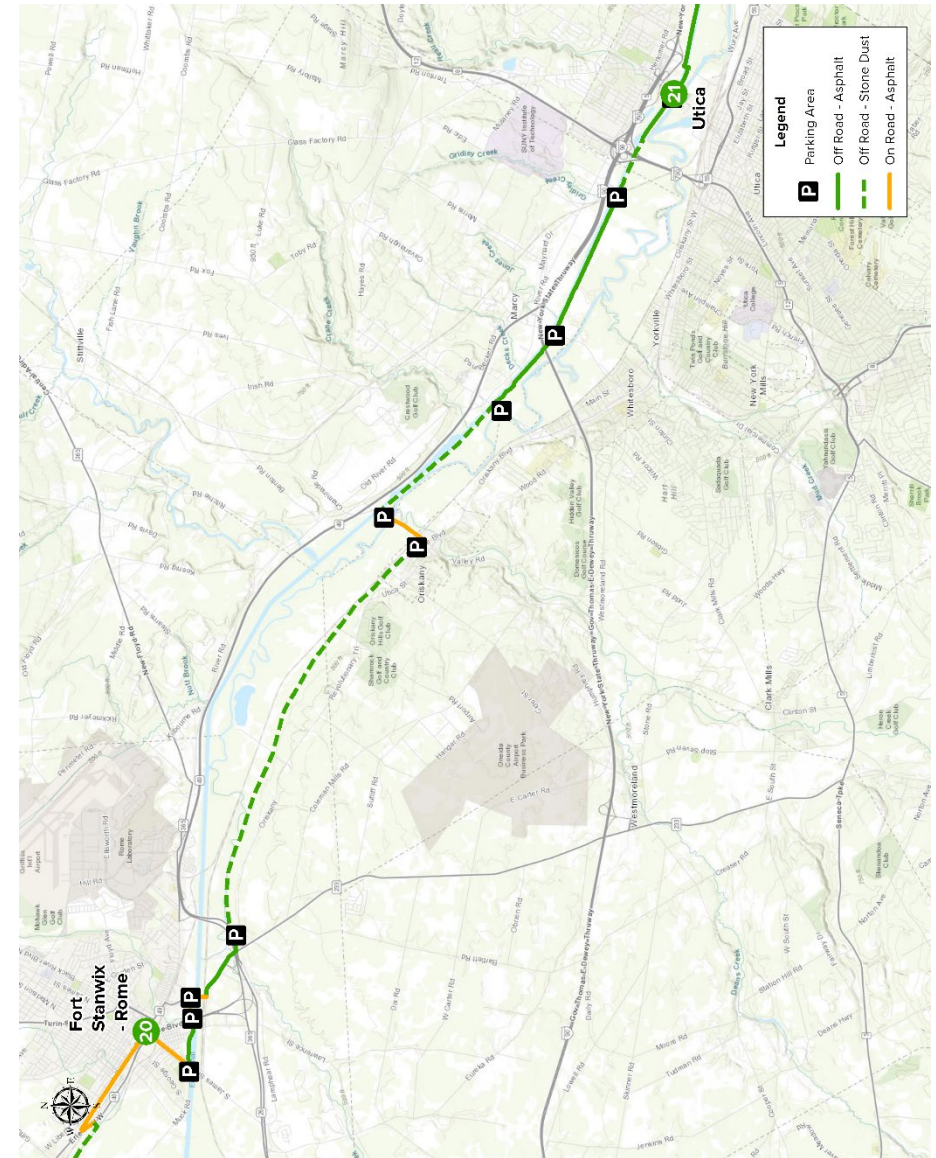
Step-by-step bicycle directions to follow for this segment of the Empire State Trail.

Start **21** Utica

Turn	Notes	Distance
↑	Continue on Erie Canalway Trail	7.02 mi
→	Turn right	870 ft
→	Turn right onto Oriskany Rd	187 ft
↑	Continue onto River St	0.556 mi
→	Turn right onto Erie Blvd/New York State Bicycle Rte 5	676 ft
→	Turn right onto Erie Canalway Trail	5.86 mi
→	Turn right to stay on Erie Canalway Trail paralleling New York State Bicycle Rte 5/Rome-Oriskany Rd	1,184 ft
→	Turn right to stay on Erie Canalway Trail paralleling Martin St/New York State Bicycle Rte 5	-
↑	Continue to follow Martin St	0.718 mi
→	Turn right to stay on Erie Canalway Trail paralleling Mill St	983 ft
←	Turn left to stay onto Harbor Way	0.19 mi
↑	Continue onto Erie Canalway Trail	0.85 mi
→	Turn right onto Muck Rd	242 ft
←	Turn left onto S James St	0.74 mi

End **20** Rome

Westbound along Erie Canal Trail



Disclaimer: Trail users may encounter temporary or permanent changes to the trail route as described in this cue sheet. Trail users must exercise discretion at all times to assure personal safety, including staying alert for movements by vehicles and other trail users, as well as possible modifications to the trail route.