



Empire State Trail

Connecting New York's extraordinary experiences, people, and places.

Inwood Hill to Van Cortlandt Park

Step-by-step bicycle directions to follow for this segment of the Empire State Trail.

Start **2** Inwood Hill

Turn	Notes	Distance
↗	Head east toward Dyckman St	33 ft
→	Turn right onto Dyckman St	1,276 ft
←	Turn left onto Seaman Ave	0.724 mi
→	Turn right onto W 218th St	1,001 ft
←	Turn left onto U.S. 9 N/Broadway	0.431 mi
←	Turn left onto W 228th St	650 ft
→	Turn right onto Marble Hill Ave	482 ft
←	Turn left onto W 230th St	646 ft
→	Turn right onto Tibbett Ave	0.669 mi
←	Turn left onto W 240th St	269 ft
↑	Continue straight onto Irwin Ave	705 ft
→	Turn right onto Manhattan College Pkwy	922 ft
↑	Continue onto W 242nd St	486 ft
←	Turn left onto Broadway	23 ft

End **3** Van Cortlandt Park

Northbound along Hudson Valley Greenway Trail



Disclaimer: Trail users may encounter temporary or permanent changes to the trail route as described in this cue sheet. Trail users must exercise discretion at all times to assure personal safety, including staying alert for movements by vehicles and other trail users, as well as possible modifications to the trail route.