



Empire State Trail

Connecting New York's extraordinary experiences, people, and places.

Nassau to East Greenbush

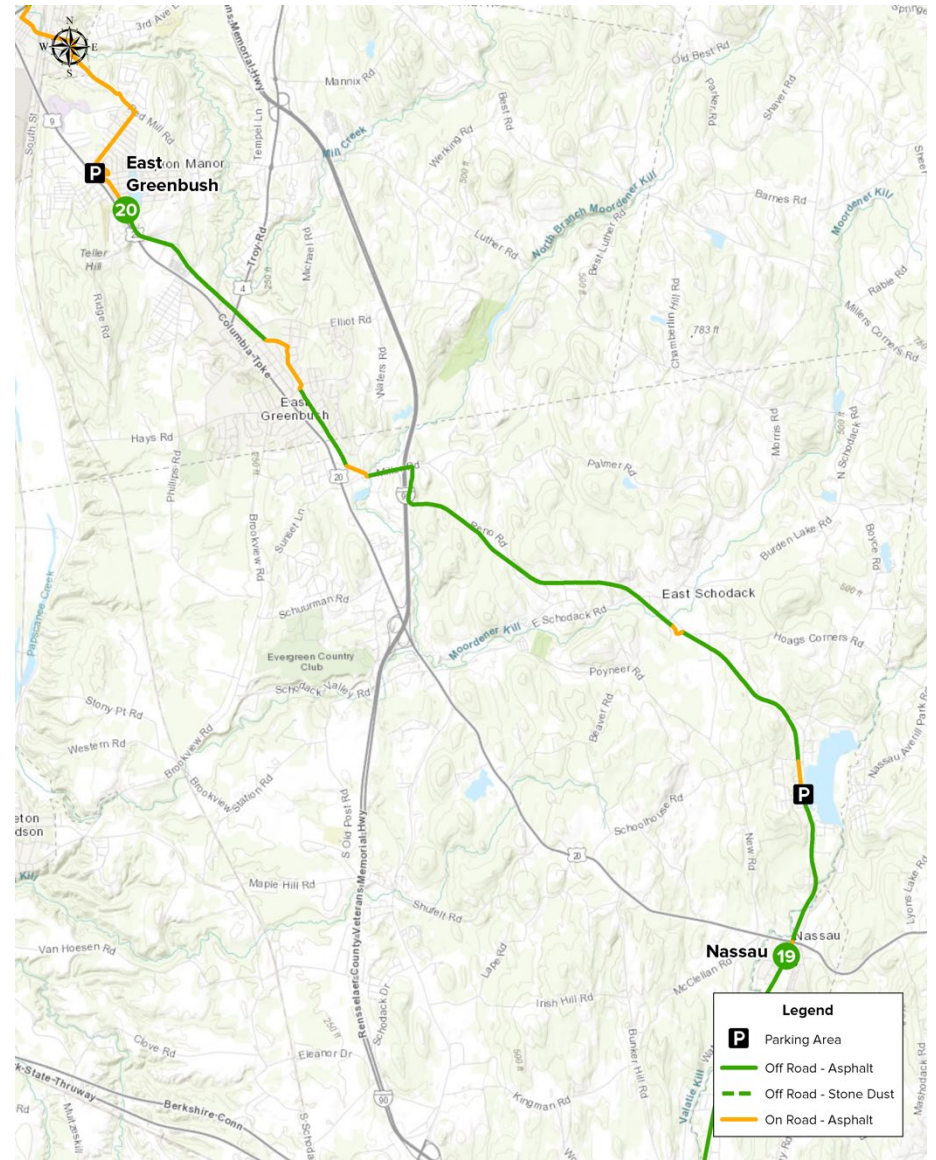
Step-by-step bicycle directions to follow for this segment of the Empire State Trail.

Start **19** Nassau

Turn	Notes	Distance
↑	Continue onto Albany Hudson Electric Trail (AHET)	1.47 mi
↑	Continue onto Trolley Way	0.23 mi
↑	Continue onto Albany Hudson Electric Trail (AHET)	1.67 mi
→	Turn right on E Hill Rd	0.13 mi
↑	Continue onto Albany Hudson Electric Trail (AHET)	3.1 mi
←	Turn left on Miller Rd	0.41 mi
→	Turn right on Old Miller Rd	1,143 ft
↑	Continue onto Albany Hudson Electric Trail (AHET)	0.8 mi
↗	Head northeast on Greenwood Dr toward Tamarack Ln	194 ft
←	Turn left onto Tamarack Ln	0.390 mi
←	Turn left onto Point View Dr	1,070 f
↑	Continue onto Albany Hudson Electric Trail (AHET)	1.79 mi

End **20** East Greenbush

Northbound along Hudson Valley Greenway Trail



Disclaimer: Trail users may encounter temporary or permanent changes to the trail route as described in this cue sheet. Trail users must exercise discretion at all times to assure personal safety, including staying alert for movements by vehicles and other trail users, as well as possible modifications to the trail route.